

Central Region (Pulaski Co.) CHNS & CHPS Oct. 2013 Report

Anna Haver

- Attended NLRSD staff wellness committee meeting. Discussed Fitness Challenge and Community HELP programs, staff wellness assessment and inclusion of goals for staff wellness in ACSIP plan. Also discussed tobacco signage for schools and offering cessation information to staff.
- Attended PCSSD wellness committee. Discussed the new wellness toolkits and talked about the importance of the schools completing the SHI each year to be included with their wellness priority. Provided information on SHI training to be held in November. Discussed that training could be offered for the district at a different time as well.
- Attended LRSD wellness committee meeting. Discussed the new wellness toolkits and physical activity/nutrition toolkit available from ARCOP. Provided information SHI training to be held in November. Several school nurses and district personnel have registered to attend.
- Provided nutrition presentations to students at NLR High School West Campus (approximately 60 students attended).
- Sponsored presentations by Rick Bender to Northwood Middle and Jacksonville Middle Schools (approximately 480 students participated).
- Provided flu prevention install news inserts for participating schools in LRSD and PCSSD; participated in 15 school flu clinics and one mass flu clinic.
- Provided BMI training for new school nurses.
- Participated in the Links, Little Rock Chapter "Childhood Obesity: The Parent Impact Factor" town hall meeting; provided technical assistance to the group in planning and recruitment of LRSD families to participate. Developed "How Much Sugar in Your Drink" display board for the event.

Cynthia Wilborn

- Rick Bender provided tobacco prevention presentation to 8th grade students and teachers at Northwood Middle School (250 participants) and Jacksonville Middle School (230 participants). Presentation provided as part of the school's observance of Red Ribbon Week activities. Students provided with SOS pencil.

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- Provided training for school nurses on individual healthcare plans and School Health Index. Pre/Posttest given for individual health care plan training. Group activity and discussion provided as evaluation for SHI. A presentation evaluation was also provided to participants. Also, Michael Owens, Public Health Manager, at Sanofi Pasteur from Nebraska gave a presentation on Voices of Meningitis, Lice Lessons, and Adolescent Tdap schedules
- Developed and presented Preschool Safety Presentation (28 participants). The results of the evaluation are below per Cassie Lewis. They were very positive. Comments such as Awesome job; Very informative; Very interesting; very organized and informative; Enjoyable, a great change from what we are used too and I can use the information to apply to my family also; and I really enjoyed the workshop today! The results of the evaluations was 80% scored the workshop as excellent, 8% scored the workshop as Good, and 12% scored a mixture of excellent and good.
- JOHNSON & JOHNSON SCHOOL NURSE LEADERSHIP GRANT (Special Project). Provided technical and grant writing assistance to ASNA for our Johnson & Johnson Fellowship team. The grant was due on November 1, 2013 (5 participants). The grant components included the following: Description of the School/Community, Intended Audience, Secured and Potential School and Community Partners, Needs and Resource Assessment, Short Term Goals (6 months or less), Long Term Goals (greater than 6 months), description of Project Plan, Evaluation, plans for Dissemination and Communication of Progress and Potential Plan for Sustainability.
- Provided BMI AND SCOLIOSIS Mandatory Screening Training. Anna Haver provided BMI Presentation and Cynthia Wilborn provided the Scoliosis Training (4 participants)
- Provided suggestions to Dr. Patricia Scott on the School Nurse Academy Survey that will be distributed to the school nurses. Kathey Haynie from the Arkansas School Nurse Association was also in attendance.
- Participated in seven school flu clinics and one mass flu clinic.
- Conducted five school visits to provide technical assistance to nurses and wellness committee.